



Physical Education

Tag Rugby Year 5

Unit Purpose

The unit of work will challenge pupils to apply their prior learning of **passing** and **moving**, learning how to execute different passes and understanding where, when they are used in a game. Pupils will be able to develop **tactics** for both attacking and defending and apply these successfully within their team.

Inspire Me

Did you know... that 'rugby' originates from a town in Warkshire called Rugby. During a school football match a pupil broke a rule by catching the ball and running with it rather than kicking it, and so a new game was born.



Key Success Criteria

- P** Pupils will be able to pass and move accurately and consistently. They will be able to switch fluidly between attack and defence as possession changes.
- C** Pupils will consolidate their understanding of the difference between attack and defence, understanding when and why to apply certain skills.
- S** Pupils will develop communication skills as they officiate in game based scenarios. Pupils will also start to lead their team and manage their games.
- W** By facilitating learning through game-based scenarios and mini game situations, pupils will be challenged to always try their best, even when their team is losing.



Vocabulary for Learning

Tactics: are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

Transition: is defined as the process of recognising and responding after losing or regaining possession.

Outwit: means using your intelligence to trick or out smart your opponent or the other team.

Offside: occurs when a tag takes place. All players on the defending team, must step back towards their goal line. A defender must not intercept that first pass, unless they are in front of the attacker who was tagged. If a defender behind the tagged attacker intercepts the first pass, this is know as offside.



Sport Specific Vocabulary

Loop Pass: is a pass used in tag rugby where the ball carrier runs in a straight line and after making a normal pass to a supporting player, then runs behind the supporting player to receive a pass from them.

Miss Pass: is a pass used in tag rugby where the attacker receiving the ball, receives a pass from the ball carrier that has missed out another attacker.





Physical Education

Communication and Tactics Year 5

Unit Purpose

The unit of work will refine pupil's ability to apply effective **teamwork** through different problem-solving **challenges**. Throughout the unit, there will be a focus on pupils refining **effective communication** skills, essential to working within a team to complete the challenges.

Inspire Me

Did you know... visually impaired runners race with a guide, who is attached to them with a band at the wrist. The guide's role is to provide valuable information to the runner throughout the race.



Key Success Criteria

- P** Pupils will work within teams to refine effective strategies and tactics in order to complete the different problem solving challenges successfully.
- C** Pupils will be able to think tactically and communicate these ideas for completing the challenges to their team members.
- S** Pupils will refine life skills such as collaboration and communication effectively as they apply both speaking and listening skills within their teams.
- W** Pupils will apply effective leadership skills as they control their own emotions and take responsibility for their team members.



Vocabulary for Learning

Communication: is the method of transferring information from one person or a group to another. Types of communication include: verbal, nonverbal, written and visual.

Tactics: Tactics are a carefully planned set of actions that are used by a team or an individual to attaining a certain goal.

Teamwork: Teamwork is the combined effort of a group to achieve a goal or complete a task in the most effective and efficient way.

Strategy: is a planned set of actions that are used by a team or individual to achieve a long-term goal. We plan a strategy and then use specific tactics to help us achieve our goal.



Sport Specific Vocabulary

Adapt: is the ability to change or modify something depending on the situation. An individual or team may need to adapt their tactics to help them achieve their goal.

Motivation: are the positive actions and behaviours an individual uses to help drive themselves, their partner or their team towards a goal

Cooperation: Cooperate is another word used to define teamwork, meaning to work together to achieve a goal or complete a task.

