

All children – regardless of gender, starting point or background – will have the opportunity to engage with a high-quality PSHE education. They will be equipped with the knowledge, skills and vocabulary to understand that they need to lead confident, healthy, independent lives and to become respectful, active and responsible global citizens, so that they leave our school confident and assured of their place in this diverse and changing world. We intend to inspire a sense of enjoyment and curiosity about PSHE. We access the PSHE Association for lesson plans to assist our teaching and learning where applicable.



## Keeping and Staying Safe Relationship and Sex Education

Summer 2



**Prior Knowledge:**

- Pants are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.

**New Knowledge:**

- We are all different but can still be friends.
- We can be friends with people who are different to us.
- We should respect others.
- We grow and change.
- Babies need care and support
- Older children can do more by themselves.
- There are different types of families.
- There are people who I can ask for help.
- People can help when families make us feel unhappy or unsafe.
- I know how to stay safe in familiar situations.
- I can recognise the difference between 'real' and 'imaginary' dangers.
- I know there are situations where secrets shouldn't be kept.
- I shouldn't tell a trusted adult if I feel unsafe.
- There are people that keep me safe outside the home.
- I can identify where I might need help.
- There are different people in the community who help keep us safe.



**Key Vocabulary:**

- Secrets
- Friends
- Feelings
- Similar
  - Different
- Family
  - Male
  - Female
- Private Parts
  - Penis
  - Vulva

**No Outsiders:**  
Proud to be me


