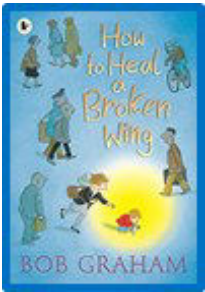


All children – regardless of gender, starting point or background – will have the opportunity to engage with a high-quality PSHE education. They will be equipped with the knowledge, skills and vocabulary to understand that they need to lead confident, healthy, independent lives and to become respectful, active and responsible global citizens, so that they leave our school confident and assured of their place in this diverse and changing world. We intend to inspire a sense of enjoyment and curiosity about PSHE. We access the PSHE Association for lesson plans to assist our teaching and learning where applicable.

Autumn 1

No Outsiders

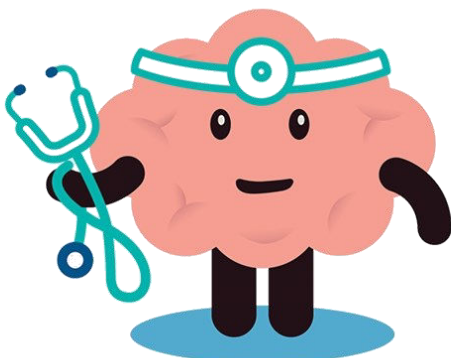


Mental Health



New Knowledge:

- There are a wide range of emotions and feelings with different intensities.
- The same feeling could be expressed differently.
- Emotions can be expressed appropriately in different situations.
- Change can affect everyone at some point in their lives.
- There are positive and negative ways to cope with change.
- At times of loss, there is a period of grief that people go through.
- A range of feelings accompany bereavement and these are necessary and important.
- There are different ways to express feelings relating to grief.



Key Vocabulary:

- Conflict
- Grief
- Bereavement

