

PSHEE

All children – regardless of gender, starting point or background – will have the opportunity to engage with a high-quality PSHE education. They will be equipped with the knowledge, skills and vocabulary to understand that they need to lead confident, healthy, independent lives and to become respectful, active and responsible global citizens, so that they leave our school confident and assured of their place in this diverse and changing world. We intend to inspire a sense of enjoyment and curiosity about PSHE. We access the PSHE Association for lesson plans to assist our teaching and learning where applicable.

No Outsiders



Physical Health and Wellbeing

Spring 2

Weighing Up Risk



Igniting Prior Knowledge:

- There are many risks associated with smoking, drugs, including cigarettes, e-cigarettes, shisha and cannabis.
- There are different similarities and differences in the risks of smoking cigarettes, e-cigarettes, shisha and cannabis – relating to health, money, social effects and the law.
- There are risks with smoking all drugs.
- There are different influences on drug use - including the media.
- Some advertisements and influences can encourage somebody to take drugs
- Some advertisements and influences can discourage someone from taking drugs.
- There are a range of strategies to resist pressure for others about taking drugs, smoking drugs and alcohol.
- Some people may feel pressured in relation to drug use.
- Even if people feel pressures about drug use, they should make an informed choice and act on it .



Key Vocabulary:

- Legal
- Illegal
- Restrictions

New Knowledge:

- There are risks associated with using different drugs, including tobacco and nicotine products, alcohol, solvents, medicines and other illegal drugs.
- There are possible side effects and risks of different drugs.
- Some drugs are restricted or are illegal to own, use and supply to others.
- Risk can depend on the drug itself, the person using the drug and the situation - when and where the person is and who they may be with.
- Some situations may be more likely to have drug use.
- Help, advice and support are available regarding drug use.

